

July 2018 Term 2 Week 20

Waiheke High School Newsletter



Kia ora koutou,

This is the last newsletter for Term Two and I would like to thank everyone for their hard work this term..

During Term Two and Three the winter terms seem longer and hard to get through with lots of winter colds around.

Last Friday Waiheke High School had our Matariki celebration of haka, waiata, general knowledge and ki-o-rahi competitions followed by a mouth watering hangi.

Thank you so much to Gulf Foods, Countdown and the Village Butchers who supported the school generously.

There were certainly a few house leaders who got into the competitive spirit of this day and congratulations go to Rakino, which was the winning house on the day.

The Years 12 and 13 students have been busy doing taster courses and on Tuesday night we had over 30 training providers come into the school to talk about further training opportunities after secondary school. The turnout for this evening was fantastic and I want to thank Tanique Deacon, our Careers Adviser for all of the hard work she has put into organising both this event and the career taster days.

During this term the New Zealand Music Commission delivered its Musicians Mentoring in Schools Programme at Waiheke High School. Auckland writer and performer Julia Deans worked with Russell Duurloo and 48 students to maximise their potential with performing and song writing. Waiheke High School has been one of only 60 schools where this mentoring programme has been delivered this year.

Thank you too must go to Ms Carnevale's Drama classes who produced some great drama productions within the last two weeks.

The Year 8 Food Technology class also produced creative versions of the original chocolate chip biscuit and I was particularly taken by the one with the added cranberries - it worked and it was delicious.

We look forward to hosting prospective parents and students for 2019 on Wednesday 1st August. Open morning for students is from 9:00 to 11:30am and the evening session, 7:00 to 8:30pm is for families.

I hope that everyone has a fantastic holiday and we look forward to seeing you at the beginning of Term Three.

Nga mihi

Jude Young, Principal

The next Board of Trustees Meeting is scheduled for Tuesday, 28 August, 2018, 7:00pm in the Waiheke High School board room

Term Dates

6 Jul	Year 9 & 10 reports emailed	1 Aug	Parent open evening/day
6 Jul	END OF TERM 2	31 Aug	TEACHER ONLY DAY
23 Jul	START OF TERM 3	3 Sep	MID TERM BREAK
26 Jul	Y9&10 Parent/teacher meetings	24-28	
27 Jul	Senior Ball	Sep	2nd Year 9 Mountain trip
		28 Sep	END OF TERM 3

NCEA Have Your Say Review

(This is included at the request of the Ministry of Education)

The Ministry of Education hosted Leading Conversations on NCEA workshops over the last month. Public workshops are being hosted in July, so that community voice is gathered.

The Ministry would greatly appreciate schools sharing the information about the review and how their communities can get involved. The links below could be included on your school website, Facebook page or newsletter to share information about the review.

For more information, please go to the NCEA Have Your Say [website](#), or the Education Council [Facebook page](#)

Year 13 Biology

The Year 13 Biology class visited the highly acclaimed Body Worlds exhibition at the Hilton-Auckland on the 20th June



Congratulations!

Auckland Council would like to acknowledge the two youth leaders from your school Trinity Mann and Talia Wilson who participated fully in the 2018 Young Sustainability Leaders Programme focused on Manukau Harbour.

This three-year programme began with a wānanga at Te Manukanuka O Hoturoa Marae on 24, 26, 27th April different locations across Auckland including visiting the water treatment plant in Mangere, Otua-taua Stonefields, having a hovercraft ride on the Manuaku Harbour and snorkelling at both Goat Island and Matheson's Bay, and spending time with other young sustainability leaders at Sustainable Coastlines Flagship. The key outcome was the students working together in groups to create and present their action plans for helping restore the Manuaku Harbour to the wider community.

This wānanga will be followed by leadership opportunities each term for the rest of the year and potentially for the next two years. Your students planned to continue with their kelp seeding project. Students will be supported throughout the year by Auckland Council Sustainable Schools team as well as yourselves to implement their actions. We look forward to continuing to work with them and our next opportunity is for them to take part in the Auckland Climate Action plan workshop next week on Tuesday July 10. The students have been invited to this workshop and as Trinity will be on exchange in Japan, Talia is intending to bring another friend with her. I really enjoyed meeting both girls again last week on Waiheke and look forward to supporting them and following their progress.

Nga mihi nui, Nicky Elmore, EnviroSchools Facilitator Contracted to Sustainable Schools Team
Environmental Services Unit

From the Careers Office




Our senior students have been involved in Career Awareness Days during Week 9 and 10. This has given them a chance to try out a job of interest or visit a training provider. They have listened to guest speakers, researched occupations, developed their transferrable skills and assessed their strengths and preferences. Many students brought their parents to the Careers Evening on Tuesday 3 July.

Some of the Career Awareness Day feedback from our students includes:

It was incredibly helpful, I came out with a far better understanding of what the jobs I am interested in and have a better idea of where to go to get there. It was amazing for me to learn about what areas I could possibly go in to that I had no idea about. It was great to see a positive working environment and talk to approachable people.

We would like to thank the following companies and institutions for hosting our students for Career Taster Days: Auckland Action Against Poverty, Frontier Electrical LTD, Victoria University, Depot Sound Elite Beauty, University of Auckland, Crown Institute of Studies, Waiheke Midwives, Media Design School, Waiheke Health Trust, Oceania Aviation, New Zealand Institute of Fashion Technology, New Zealand School of Tourism Auckland City, ASB, Tots On The Rock, Aurecon New Zealand Limited, Hauraki Gulf Law, EcoZip Adventures, Oneroa Dental Surgery, Casita Miro, Waiheke Physio & Pilates, Gulf News, Disarmament and Security Centre (DSC), Te Motu Vineyard, Sculpture on the Gulf, ExtremePC, Kevin Glover, barrister, Let Me Out Ltd, AUT, Cooper and Company, NZ Maritime School, South Seas, Ray Whites, Police, BCITO, Ostend Medical Centre, Artworks Theatre, National Institute of Water & Atmospheric Research Ltd, Colony, Pacific Forest Products, Goodoil Films, iMech, Yoobee Design School, All Good Enterprises Ltd. A huge thank you to the many other companies who offered placements.

We would also like to thank  **Fullers** for kindly sponsoring ferry tickets for our Year 13 students who traveled off-island for their Taster Day.

Warm thanks to our guest speakers: Iain Wood, Darragh O'Riordan, Susan Wilson, Bruce Plested, Niki Schuck, Ally Bijl and Tom O'Neil. A final thank you to Nicola Hambly, Susan Wilson, Susan Miller and Ellen Sumpter for their support.

Tanique Deacon, Careers Advisor

NCEA EXAM FEES FOR YEAR 11 TO 13 STUDENTS MUST BE PAID BY 17TH AUGUST 2018!

Financial assistance forms are available at the school office for those who have a Community Services Card or are on a benefit. This will reduce the fee from \$76.70 to \$20.00. Contact the front office on 371-9000 for further information on this if required.

Waiheke High School Health Clinic



Maggie Lethwaite - School Nurse

The school nurse can be contacted by mobile or email over the school holidays between 9am and 3pm Monday to Friday

Mobile number is: 021 618 9225 (Texts preferred)

Email address is: nurse@waihekehigh.school.nz

Emails will be responded to by the next working day.

Please note the mobile will be turned off after hours (before 9am and after 3pm) or when the nurse is on leave.

A Message from Student Support Services

As you will be aware, we have had two deaths within our school community in recent times. The implications of this can be far reaching for all community members. Here is some information in regards to support that is available should you or a family member be struggling in anyway or need help over the holidays.

- ⇒ Talk to your GP
- ⇒ Piritahi Hau Ora: 372 0022

HELPLINES

- ⇒ Free call or text 1737 any time for support from a trained counsellor
- ⇒ Lifeline: 0800543354
- ⇒ Youthline: 0800376633

As always, in an emergency call the Police: 111

Watch for Signs of Whooping Cough

The early signs of whooping cough include a runny nose, fever, or cough (often worse at night) which gets worse over time turning into long coughing bouts that may end in gagging or vomiting. Most people begin to feel unwell 7-10 days after exposure.

If your child develops any of the early signs of whooping cough in the three weeks following their exposure or if they have a cough that has lasted for more than two weeks

o **See your GP** - call ahead and let the practice know you think you may have whooping cough so they can be prepared

o **Stay away from babies, children under 12 months, and pregnant women** until you have seen your GP

o **Stay home from school until they have completed 5 days of antibiotics** (or three weeks from the start of cough if no antibiotic treatment is given) to prevent them spreading the infection to other children.

What is whooping cough?

Whooping cough (pertussis) is a bacterial infection that usually starts with a runny nose, fever, and dry cough. The cough gradually gets worse and last for 8-12 weeks, often developing into long coughing attacks. In babies and young children, coughing attacks often end with a 'whoop' sound at the intake of breath, or with vomiting or gagging.

Who can get whooping cough?

Anyone who is exposed can get whooping cough because immunity (protection) to whooping cough decreases over time even if you have been immunised or have had the infection before. Generally a person needs to have face to face contact with someone with whooping cough to get infected.

Immunisation is the best way to protect against whooping cough

Whooping cough immunisation is offered at 6 weeks, 3 months, 5 months, 4 years and 11 years. If you are not sure if your child is up to date with their immunisations, check with your GP or practice nurse. Immunisation is also recommended for each pregnancy and helps protect both mother and the baby. Immunisation during childhood and pregnancy is free.

Antibiotics from your GP

A course of antibiotics reduces the risk of a person catching whooping cough after having close contact with someone who had the illness. Antibiotics are recommended for close contacts who live with infants under 12 months old, pregnant women, or those with a weak immune system. If this applies to your child, take them to the GP for a course of antibiotics.

Talk to your children about covering coughs and sneezes

Children should be taught to cover their mouth and nose when they cough or sneeze, to throw away any tissues they have used, and to wash and dry their hands well afterwards. This helps prevent illnesses with coughs and sneezes, like whooping cough, from spreading.

From the Sports Department



Our Waiheke High School Netball team have had an amazing first half to the season in the North Harbour Open College B grade. The girls travel over to North Shore every Saturday morning and they started well by winning all matches in the first six weeks of the season.

After winning the B grade, the team had the opportunity to play off to get promoted into the Open A grade, which had been our goal coming into the season. The play off was against Pinehurst, which we knew was going to be

a tough match as their coach Marcia Hardcastle used to coach me back in my North Harbour Netball days. Knowing that they would be a well-drilled team, it was one of the most nerve-racking games I have ever had to coach. The game was goal for goal for the entire game, but in the end our girls proved too strong for Pinehurst and beat them by 4 goals. We showed so much pride and determination out on court, and it was a very proud moment when they came off the court winners!

Waiheke High School are now playing in the Open College A grade, where they are facing some of the best Netball teams in the Country. So far in the A grade, we have played Westlake Girls and Orewa College. We matched Westlake for three quarters but were unfortunately unable to finish off strong in the end, losing by 6 goals. It was a very exciting game with some fantastic skills being shown on court by both teams. We also had a close game against an experienced Orewa College, where once again we were only down by one goal heading into the last quarter, but did not manage to secure the win. Even though we have not had a win yet in the Open A grade, I am so proud of the competitive, determined young Netball stars who achieved their goal of winning the Open B Grade.

The girls now have a two week rest from Netball for the school Holidays where I hope they recover, eat and enjoy a bit of free time away from the Netball court. I would like to say a big thank you to the teachers and parents who have come over and supported these young stars. The support means a lot to myself and of course the girls. They are all so proud to represent their school.

The girls will head off to UNISS in the first week of September, where they have been promoted up to C grade this year. This will be tough, tough competition but I know they are always up for a challenge. It is always a huge costs in these week long tournaments, so please support our team and buy a sausage sizzle or a raffle ticket or sponsor them on their fun run. There is so much time and effort put into fundraising to create these amazing opportunities for these young sporting talents that we really do appreciate any bit of support!

Finally, I would like to say a big Congratulations to Paris Robson, Teeana Kara and Brooklyn Allen who all made representative teams this year! Paris and Teeana head off to New Plymouth in the first week of the school holidays for the U15 Nationals where they will be representing North Harbour, and Brooklyn Allen heads off to Palmerston North in the second week of the holidays to represent North Harbour at the U17 Nationals, Good luck girls, play hard!!!

I wish everyone a safe relaxing holiday from me and the Netball team!

Shelley Foster, WHS Netball Coach

WAIHEKE THEATRE COMPANY PRESENTS - DIARY OF ANNE FRANK

Thursday 19 July – Saturday 4 August 2018

Artworks Theatre

Waiheke Theatre Company is delighted to be bringing The Pulitzer prize winning play 'The Diary of Anne Frank', by Albert Hackett and Frances Goodrich, to Waiheke.

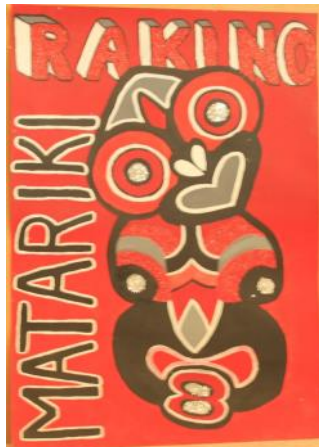


A special 'Schools Night' will be on Wednesday 25th July, 6.30pm, Artworks Theatre. The director, Simon Prast, and the cast will also be holding a Q & A session after the performance so students can stay to ask questions and discuss the play.

Waiheke High School students are able to attend this evening at a discounted group booking rate of only \$10 if they sign up with Ms Carnevale or on the sheet provided at the front desk by the end of term preferably. Students may also email Ms Carnevale on carnevalev@waihekehigh.school.nz during the first week of the holidays to ensure

their name is on the group booking list.

Matariki 2018



Friday 29th June saw the 12th year of Matariki celebrated as a whole school event at WHS with waiata and hangi. Pakatoa (yellow), Rangitoto (green), Ponui (blue) and Rakino (red) contested hard in various activities for house points.

The prefects were the MCs for the day and while I was the overall coordinator, our activities included, Kii-o-rahi a fast pace running and passing game run by Tony Wood with the PE department, and Whanau Art posters, organised by Head of Arts Annie Melchior. The Time Capsules for Year 7 were organised by Whaea Claire and we had the Head Prefects from 2012 who initiated this event to present envelopes to the current Year 13 students - many of whom were excited to see what they had written to themselves seven years earlier! The NZ Quiz, arranged by Whaea Claire was ably run by our Quizmaster Mariette Dodd as each Whanau team were pitted against the others. Whaea Te Ao organised the hall and certificates. SLT for their constant support. Each Whanau group organised their own waiata and haka competition supported by the prefects and kaea. To all the staff with their commitment and dedication towards making this event a success, thank you.

Dr. Hinemoa Elder was the guest speaker and she gave examples of whakatauki and pepeha that tied into the theme of Matariki Ahunga nui - Matariki a time of the great gathering.

While Matua Anton led a team of students at the hangi pit, Whaea Hu led a group and class of students to prepare and pack food for the baskets. Those groups of students were working toward gaining NCEA credits for food preparation and health and safety. Whanau groups donated vegetables and 500 fried bread were made by Eugene and Huhana in the morning as a relish for the hangi.

It is a huge event to organise and we thank the expertise of local whanau, Mokai Penetito, Raol Ormsby and Eugene Behan-Kitto who took charge of the hangi making process and the making of fried bread. Senior managers arrived at 6am to cook breakfast for the workers and the wharekai was brimming with teachers and students.

The kapa haka competition saw a united front of students and teachers working together with the final overall winners for 2018 being Rakino

Pita Mahaki, HOD Māori



Piringākau Kapa Haka

Sponsor a Piupiu Quest

We continue to seek sponsorship for our girls piupiu collection. The goal is to have 24 new piupiu by our competition in October. We have 11 sponsors and ask the local community to come on board a sponsor a piupiu. Please refer to the attached flier.

Kotahi Aroha – Matariki Ahunga nui

Piringākau stood with pride and represented the school and whānau with ihi, wehi and mana. The shared passion, drive and enthusiasm for kapa haka was clearly portrayed in their spine tingling performance. We also had a couple of first time performers in the ranks and congratulate them. A big mihi to the parents who did the kai stall, if it wasn't for your constant support our kapa would not be where they are today. Ngā mihi maioha kia koutou.



Piringākau Calendars

Thank you to Island Print who have supported our journey to getting new piupiu by producing custom made Piringākau Matariki calendars. They look amazing. If you would like a calendar, request at the High school front office for \$20. Thank you Whaea Rowan for organising this beautiful taonga.

Kapa Haka Wananga and Noho Marae

Next term the Kapa Haka go in to wananga and noho Marae every two weeks starting from the 28th July to the end of October 27th competition day. Noho costings will be out by next term. Please make sure Whaea Te Ao has the correct email address because she sends regular updates via email and via the closed facebook page. Here are the following dates for the wananga and noho marae.

Sat&Sun	28 th &29 th July	Wananga (day practice at school)
Fri,Sat&Sun	10 th – 12 th August	Noho Marae (overnight at Piritahi)
Sat&Sun	25 th &26 th August	Wananga
Fri,Sat&Sun	7 th – 9 th September	Noho Marae
Fri,Sat&Sun	21 st – 23 rd September	Noho Marae
Wed,Thur&Fri	10 th – 12 th October	Wananga – second week of school Holidays
Thu,Fri&Sat	25 th – 27 th October	Noho Marae – Competition week.

Whaea Te Ao will be in touch with whānau to lead the kitchen during noho Marae.



Sponsor a Piupiu



Waiheke High School Piringakau is seeking local support for our Waiheke youth to 'Sponsor a Piupiu' for the Kapa Haka team competing in the annual Te Ahurea Tino Rangatiratanga Regional Competition in October.

When the Kapa Haka attended the Polyfest in March 2018, we were unable to wear our piupiu because we only had 6 piupiu and our group now exceeds 24.

In order for our youth of Waiheke to represent our community and stand proudly taking their place in Auckland Regional competitions, we need to be dressed appropriately and we need your support.

Sponsoring a Piupiu includes:

- *Cost \$440 + GST*
- *Sponsors invite to an exclusive full dress rehearsal concert showcasing the brand new selection of songs and choreography performance before the competition.*
- *Acknowledgement in the Gulf News with a photo of the student in the piupiu stating the sponsors name, an acknowledgement spread in the school newsletter and on the school website and social media sites.*

Please contact Whaea Te Ao Marama Hau for more details. haut@waihekehigh.school.nz 09 371900 ext 216



Waiheke High School
Piringakau Kapa Haka



InMotion Matariki Parade – fun for all the family! Saturday 21 July from 5.30pm, Silo Park

Decorate your wheels and/or yourself and head to Silo Park for the annual illuminated Matariki parade. Haka Fusion, exciting floats, Vector Lights and cool performances, entertain you as you travel to The Cloud for the spectacular aerial finale! Learn the dance moves to *Wairua* by Maimoa, for the grand mass dance-off in The Cloud. Touch Compass has ensured it's free and fully accessible for all, including an audio-described tour. Part of Auckland Council's Matariki Festival. See you there!

www.inmotion.org.nz www.touchcompass.org.nz



Rotary Waiheke Presents
Friday 13th Black-Tie Gala
Friday 13 July 2018
Secret Oneroa Location
Buy Your Ticket Now
EVENTFINDA.CO.NZ
0800 BUY TIX (289 849)
Featuring
Live Music + Dancing + Food
Live Auction + Drinks + Spot Prizes



**FRIDAY
13TH
BLACK TIE
GALA**

Featuring Live Music By :
The Big Ticket

Hosted by:
Brooke Howard-Smith



Waiheke High School would like to thank the following businesses and individuals
for their ongoing support :

Fullers - Travel
Sealink - Travel
Waiheke Rotary Club - Science/Robotics
WISA - Breakfast Club
KB Distributors - Breakfast Club

Countdown Supermarket - Breakfast Club/
Matariki
Gulf Foods - Matariki
Humble Pie Village Butcher & Deli- Matariki

Contact us:

Principal:
Jude Young

Senior Management:
 Tony Sears
 Paul Knighton
 Trudie Jamieson

11 Donald Bruce Road, Surfdale,
Waiheke Island.

Phone: 09 371-9000

Fax: 09 372-5474

E: enquiries@waihekehigh.school.nz

Web: www.waihekehigh.school.nz

“Words Create Wonders ”

Sunday, 8 July, 1 pm – 3:30 pm at the Waiheke Library

a free interactive workshop

as part of the

Island Coaches Collective (ICC) series “Enquire Within”

How we speak to ourselves and others
influences how we feel and the impact we have ...



Join Leslie Hamilton in a lively experience of enhancing relationships and results through the power of words. Find out what goes on behind the scene and in our minds when we engage with others in conversations.

This workshop is for you if you're a life or business partner, parent, friend, relative, employee, boss or service provider.

Come along and meet new friends or bring a friend to share the learning.

Reservations appreciated. For further information and reservations, please email iccwaiheke@gmail.com with "Words" in the subject line.