

November 6th  
2019  
Term 4 Week 35

# Waiheke High School Newsletter



Kia ora ,

Today our Seniors, Years 11 to 13, leave school and go on study leave as they prepare for their NCEA external examinations.

We wish our students every success with these examinations. We have included overleaf a copy of the external exam timetable so that you will know when your sons and daughters should be at school. It can be devastating when students unknowingly miss key examinations because they have misread the examination timetable. Please double check with your student about these dates.

It's sad to see our students leave but we will follow their future and career pathways with interest. These leavers will always be part of our Waiheke High School whanau and we are very proud of you.

Kia kaha,

Jude Young, Principal

**Waiheke High School**  
**Senior Academic Prize Giving**

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**Wednesday November 6th,**  
**7.00pm,**  
**Waiheke High School Hall**

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Please be seated 10 minutes prior to ceremony beginning.

All Year 13s to attend.  
Parents of Year 11 and 12 students will be notified by email if your child is receiving an award prior to November 6th.

Please contact school office should you have any questions.

**The next Board of Trustees Meeting is scheduled for Wednesday 13th November 2019, 6:00pm in the Waiheke High School board room**

## Term Dates

6 Nov Senior Prizegiving  
6 Nov LAST DAY OF TERM 4 FOR  
SENIOR STUDENTS  
8 Nov NCEA Exams start

15 and  
18 Nov  
29 Nov  
5 Dec  
10 Dec  
10 Dec

Junior Exams  
Christmas Market, School Hall  
Year 7&8 Prom  
Junior Prizegiving, 10:00am  
LAST DAY OF TERM 4

2019 EXAMINATION TIMETABLE					
DATE	TIME	LEVEL 1	LEVEL 2	LEVEL 3	SCHOLARSHIP
Fri 8 Nov	9.30 am		Physics	Business Studies	Calculus
	2.00 pm	Geography	German	Dance	Agricultural & Horticultural Science
WEEKEND					
Mon 11 Nov	9.30 am	Biology	Music	Media Studies	Accounting
	2.00 pm	Business Studies	Chemistry	Agricultural & Horticultural Science/ German / Chinese	English
Tues 12 Nov	9.30 am		English		
	2.00 pm	History	Te Reo Māori	Biology	Economics
Wed 13 Nov	9.30 am	English			
	2.00 pm		Media Studies	Home Economics	Statistics
Thurs 14 Nov	9.30 am	Science		Making Music	History
	2.00 pm	Te Reo Māori / Art History	Geography	Chemistry	Te Reo Rangitira
CANTERBURY ANNIVERSARY DAY					
WEEKEND					
Mon 18 Nov	9.30 am	Chemistry	Chinese	French	Drama
	2.00 pm	Classical Studies	Health	Economics	
Tues 19 Nov	9.30 am	German	Biology	Geography	
	2.00 pm	Physics	Home Economics	Classical Studies	Japanese
Wed 20 Nov	9.30 am	Mathematics & Statistics			Biology
	2.00 pm		Drama	Physics	Art History
Thurs 21 Nov	9.30 am		Mathematics & Statistics		Classical Studies
	2.00 pm	Music	Accounting	History	French
Fri 22 Nov	9.30 am	Accounting		English	
	2.00 pm	Home Economics	Economics		Geography
WEEKEND					
Mon 25 Nov	9.30 am		History	Health	Physics
	2.00 pm	Te Reo Rangitira / Latin	Agricultural & Horticultural Science	Sāmoan	Te Reo Māori / Latin
Tues 26 Nov	9.30 am	French	Business Studies	Calculus	
	2.00 pm	Economics		Accounting	Media Studies
Wed 27 Nov	9.30 am	Media Studies	Earth & Space Science	Drama	Chemistry
	2.00 pm	Sāmoan / Spanish	Japanese	Te Reo Rangitira / Social Studies / Psychology	Sāmoan
Thurs 28 Nov	9.30 am	Agricultural & Horticultural Science	Art History	Statistics	
	2.00 pm	Chinese	Spanish	Earth & Space Science	
Fri 29 Nov	9.30 am	Drama	Social Studies	Music Studies	Spanish
	2.00 pm	Health	Sāmoan / Education for Sustainability	Te Reo Māori / Latin	Chinese
WEEKEND					
Mon 2 Dec	9.30 am	Social Studies	Dance	Art History	Earth & Space Science
	2.00 pm		Classical Studies		German
Tues 3 Dec	9.30 am	Dance	French	Spanish	
	2.00 pm	Japanese	Te Reo Rangitira / Latin	Japanese	

Friends of Waiheke High school invite you to join us for  
The Waiheke High School

# ★ Evening Christmas Market

Friday the 29th of Nov, 2019  
6pm - 9pm  
Waiheke High School Hall

Meet your friends for a complimentary mulled wine,  
or feed the whole family at the food stalls all  
while doing some Christmas shopping!

- ★ 30+ Great stalls
- ★ Music ★ Raffle
- ★ Silent auction
- ★ Food stalls for your dinner
- ★ Bake sale ★ Photo booth
- ★ Kids Xmas card making
- ★ Santas Grotto

Proceeds from the evening will benefit the Waiheke High School  
Charitable Trust supporting the schools building programme.

For more info contact Tim on 021 02195685 or email  
[friendsofwaihekehighschool@gmail.com](mailto:friendsofwaihekehighschool@gmail.com)

During NCEA exams from 11th November - Monday, Tuesday Wednesday and Thurs-  
days, Mrs Morris will offer 10 minutes of de stress and focusing exercises in the  
library seminar room for 10 minutes ,8.55-9.05am and 1.25-1.35pm

## Piringakau Kapa Haka Hawaii Fundraising

We are traveling to Hawaii next year in April on a 10 day cultural journey of history and performance. 12 students are embarking on a cultural exchange to discover the cultural similarities of countries across the Pacific.

We have been fundraising since mid year. Our target is \$12,000 to subsidise the traveling groups airfares, accommodation and transportation. We have managed to raise over half from performing at local events, intermediate discos, raffles and kai stalls.

We would like to thank all our sponsors for donating goods or services towards our raffles, food stalls and events. A big thank you to all those who have provided paid performance opportunities, brought tickets, brought food or attended any of our events and helping us get closer to our goal.

From the Hawaii Crew of WHS we thank you tremendously.

Whaea Te Ao Marama Hau



## Waiheke High School Climate Change Action

Click here to view a short film put together by Larissa Wallin on the recent climate change action protest attended by many of our students.

<https://youtu.be/Pun1UdRIG9g>

## Waiheke High School Sustainability Group

The Waiheke High School Sustainability Group has been busy this month - organising to be part of the National climate strike, working to reduce waste at school, participating in Conservation Week at Whakanewha and setting up pest tracking at the school. Rebecca from the group came and presented to the Waiheke Collective at our October Meet-up, sharing that she's thrilled at how many students are wanting to get involved in the sustainability group. Despite being busy with exams next term, they are hoping to keep up the momentum by engaging the younger levels in more activities like beach clean-ups, tree planting and water testing. For more information on the work of this group you can go to:

<https://www.waihekecollective.org.nz/whats-hot>

NZQA - Student Exam Hub is a one stop shop for students re NCEA external exams. Timetable / Past papers / Digital exams / Q +A /

Exam rules etc

<https://www.nzqa.govt.nz/ncea/ncea/>



## Hospitality

On the 23rd October students of Waiheke High School worked with adult Hospitality students from North Shore Academy on their Level 4 Cuisine Diploma to create some stunningly delicious canapes under the tutelage of Chef Jon O'Shea. The evening was an informative, interactive fund-raising event held in our school hall. The main purpose was to network with our local Hospitality Industry to promote the NCEA skills gained by our senior students in Hospitality. It showcased their preparedness for potential employment and apprenticeship opportunities for the up and coming busy Summer season. It is worth noting that the Hospitality/Tourism Industry has the highest employment opportunities on our Island, and we are now one of the top tourist destinations of the world. Many jobs opportunities were offered on the evening and immediate interviews arranged. All parties acknowledged the need to grow this relationship throughout the year to be able to secure Gateway job experiences for students where they can earn their credits in selected industries.

A further object of this initiative was to highlight the building of our new Hospitality Academy classrooms where we are proposing to provide after hours industry training to support the growing needs of our Local Industry with LCQ Licensing, Food Safety in Commercial Kitchen, Barista Training and Bar Tendering Licensing.

Huhana Davis  
Food & Nutrition  
Waiheke High School



### **USEFUL NUMBERS AND WEBSITES from the School Guidance Counsellor**

**Emergency 111**

**Your GP**

**Oneroa** (09) 372 311

**Ostend** (09) 372 5005

**Piritahi Hau Ora** (09) 373 0022

**Crisis team** (24/7) 0800 800 717 - mental health emergency number

**Kari Mental Health** (9-5) (09) 623 4646 –Youth mental health support office hours

**Need to Talk** (text or call 24/7) 1737 – you will talk to a qualified counsellor

**Whatsup** 08009428787 [www.whatsup.co.nz](http://www.whatsup.co.nz) - Barnardos helpline/webchat for children & teens

**Youthline** 0800 376 633 free txt 234 or [Youthline.co.nz](http://Youthline.co.nz) - focus on young people

[Thelowdown.co.nz](http://Thelowdown.co.nz) or free txt **5626** – phone/call or chat online if anxious/down or depressed

**Aunty Dee** <https://www.auntydee.co.nz/> - Aunty Dee is a free online tool for anyone who needs some help working through a problem. It doesn't matter what the problem is, you can use Aunty Dee to help you.

## So much more than a School Assessment

It started off as a Level 2 NCEA Health assessment which required students to take positive action to improve the Mental Well-being of the students at school and/or the wider community. It was worth a total of 5 credits, but ended up being worth a whole lot more to everyone involved. The Year 12 students initiated 3 positive actions for Mental Wellbeing.

### 1. The Christmas Shoe Box Appeal

Fifty-three shoe boxes inside 6 larger boxes. Michile Low-Allan and Chelsea Lalande, along with their teacher Mrs Richeux, decided to take action that will help students and the school develop a greater social conscience and citizenship at Waiheke High School. The students believed that if students were given a chance to give back to society then this would have a positive impact on their Mental Wellbeing. What better way to achieve this goal and bring the school together than The Christmas Shoe Box Appeal. After a few road bumps, students decided where better to start than by giving back to the local Waiheke community. Students and their families were asked to donate new and used gifts for children aged 2-18 or to make up an entire shoe box full of gifts. The response has been fantastic and has exceeded our expectations. We managed to make up 53 Christmas shoe boxes and 8 additional large boxes. When the Year 12 students walked into the class and saw all the items that had been donated they were visibly affected by the generosity.

The boxes will be given to the following organisations: Waiheke Budgeting, Youth Centre at Surfdale and the Social Workers at the Health Trust and the Hau Ora who in turn will distribute the shoe boxes out to families on Waiheke Island. Next year our goal will be 100 boxes.

### 2. Year 12 Positive Comments

George Saints Allison and Morgan Steele's initiative was to improve the mental wellbeing of their year group; helping to build their self-esteem, improve relationships, thoughtfulness, and positivity by having the Year 12 Students write positive comments about each other which the students got to keep. A test run was done within our class with everyone, including the teacher, coming out buzzing after reading the comments, the students implemented their action. The students experience a few logistical problems but the feedback was positive and George and Morgan are keen that this becomes a yearly action and perhaps be extended to other year groups.

### 3. The Waiheke High School Positive Action and Impact Group

The positive feedback the students received as a result of these 2 actions has inspired the students to set up the Waiheke High School Positive Impact and Action Group to ensure their two initiatives and any future initiatives become an integral part of WHS culture. The assessment has been a catalyst that has inspired the students to carry on past the assessment and has had a positive impact on Mental Wellbeing - after all there is a lot more to education and developing a well-rounded individual than just assessments.

Congratulations to George, Morgan, Michile and Chelsea—the intrinsic reward and gratification of all 3 actions exceeded any NCEA achievement grade.

## THANK YOU FOR GIVING CHRISTMAS AWAY

Thanks to our Year 12 Health Students

Michile and Chelsea for taking such an inspiring community action by initiating the Christmas Shoe Box Appeal and for all their hard work.



# SUNDOWNER

Saturday, 9 November, 4 - 8pm  
Rangihoua Estate, 1 Gordons Road

Local artisan food, wine or beer and live music by local musicians Pete Reilly, Chris Orange and Alex Ludbrook

JASSY DEAN TRUST'S  
*Waiheke*  
GARDEN  
FESTIVAL 2019  
9+10 NOVEMBER



Free entry with your Garden Festival wristband or \$15 at the entrance. Children under 12 free. Eftpos is available.

## Carpooling for Kids out Late at Night.

The Friends of the street is a car pooling service that saves parents going out at night to pick up their kids from friend's houses, work or parties. Instead of you going out every weekend to get your kids and their friends, you could do a shift on the paravan, a Friday or Saturday night each month between the hours of 10.30 pm and 2 am, and let other parents bring your kids home the other weekends.

We have a driver and a texter each time, so you won't be out there alone, and we really need more of both to continue to run our service. Contact Russell 027 204 2817 to learn more or to join up.

Waiheke High School would like to thank the following businesses and individuals for their ongoing support :

Fullers - Travel  
Sealink - Travel  
Waiheke Rotary Club - Science/Robotics  
WISCA - Breakfast Club  
KB Distributors - Breakfast Club

Countdown Supermarket - Breakfast Club/  
Matariki  
Gulf Foods - Matariki  
Humble Pie Village Butcher & Deli- Matariki  
Waiheke Local Board—Bronze Award

## Contact us:

**Principal:**  
Jude Young

**Senior Management:**  
Tony Sears  
Paul Knighton  
Trudie Jamieson

11 Donald Bruce Road, Surfdale,  
Waiheke Island.

**Phone:** 09 371-9000

**Fax:** 09 372-5474

**E:** [enquiries@waihekehigh.school.nz](mailto:enquiries@waihekehigh.school.nz)

**Web:** [www.waihekehigh.school.nz](http://www.waihekehigh.school.nz)



# JUNIOR TENNIS COACHING

**Could you be the next Federer or Halep?**

Join us for coaching on Friday afternoons to find out, Waiheke Tennis Club is recruiting players of all abilities.

6 - 9yrs 4pm - 4:45pm  
10 - 13yrs 4:45pm - 5:30pm  
14yrs+ 5:30pm-6:15pm

**To register please contact [nick@tescai.net](mailto:nick@tescai.net)**

Coaching will be at the Tennis Courts at Onetangi Sports Park

Cost is \$50 for the season

## **What's included?**

Friday afternoon coaching from 25 Oct until 13 Dec, coaching resumes 7 Feb – 3 April

Total of 17 sessions, weather permitting

Coaching sessions will be 45mins per group per week

End of season BBQ, date TBC

Space is available on a first come, first served basis and those showing interest after groups are full will be invited to go on a waiting list. We will try our best to accommodate everyone.

See our website for more information as well as new family membership options - [waiheketennisclub.co.nz](http://waiheketennisclub.co.nz)